

THE AI NOMAD

15 AI Prompts for Solopreneurs

FREE SAMPLER

A taste of the full library: 15 of the 100 copy-paste prompts
across strategy, sales, content, email, finance, and more.
Fill in the [BRACKETS], paste into your AI, and go.

15

Works with ChatGPT, Claude, Gemini, and any AI assistant

How to use these prompts

1. Pick a prompt

Each one targets a specific business task.

2. Fill in the [BRACKETS]

Swap in your real details. The more specific you are, the better the output.

3. Paste and run

Drop it into ChatGPT, Claude, Gemini, or any AI assistant.

4. Go deeper

Ask follow-ups: 'expand point 3', 'make it more casual', 'give me 3 more variations'.

Pro tip

These prompts are starting points. The real magic is in the follow-up conversation.

STRATEGY

#01 Validate My Idea

Act as a startup advisor. I have this business idea: [IDEA]. Identify the top 5 risks, the ideal target customer, and the 3 fastest ways to validate it before spending money.

STRATEGY

#02 First 10 Customers

My business is [DESCRIBE IT]. Give me a step-by-step playbook to land my first 10 paying customers within 30 days, with zero advertising budget.

SALES

#03 Cold Outreach Message

Write a personalized cold outreach message for [PLATFORM: email/LinkedIn/DM] targeting [DESCRIBE PROSPECT]. It should feel human, lead with their pain point, and end with a low-friction CTA. Max 150 words.

SALES

#04 Objection Crusher

I keep hearing this objection from prospects: '[OBJECTION]'. Give me 5 different ways to respond to it, ranging from empathetic reframing to direct counter-argument. Include exact scripts.

CONTENT

#05 Hook Generator

Write 10 powerful hooks for a post about [TOPIC] on [PLATFORM]. Each hook should use a different technique: stat, bold claim, question, story, contrarian take, list, fear, curiosity, humor, and direct address.

CONTENT

#06 Thread / X Post

Write a thread on [TOPIC] for X/Twitter. Start with a hook tweet, then 8-10 tweets that build on each other with insights, examples, or a mini-story. End with a CTA tweet.

EMAIL

#07 Newsletter Subject Lines

Give me 15 subject line options for an email newsletter issue about [TOPIC]. Include variations that use: curiosity, numbers, personal story, contrarian angle, direct benefit, urgency, and humor. Flag which are A/B test pairs.

PROPOSALS

#08 Rate Justification

I'm charging [RATE] for [SERVICE] and a prospect pushed back on price. Write a confident, non-defensive response that reframes the price as an investment, anchors it to the value delivered, and holds the rate.

PRODUCTIVITY

#09 Task Prioritization

Here are my tasks for today: [LIST TASKS]. Prioritize them using the Eisenhower Matrix, then create a time-blocked schedule for an 8-hour workday. Flag what I should delegate, automate, or drop entirely.

PRODUCTIVITY

#10 Automation Audit

Here are tasks I do repeatedly in my business: [LIST TASKS]. Identify which ones can be automated with AI or tools (free/cheap), which should be templated, and which should be delegated. Give specific tool suggestions.

SOCIAL

#11 Authority Post

Write an authority-building post for [PLATFORM] that establishes me as an expert in [TOPIC]. Use a surprising insight, back it with reasoning/data, and make the reader feel smarter after reading it.

RESEARCH

#12 Reddit Research

I want to understand what [TARGET AUDIENCE] complains about most on Reddit. Give me: the best subreddits to monitor, 10 search queries to use, and a framework for extracting content ideas and product/service gaps from what I find.

FINANCE

#13 Monthly Revenue Goal Plan

I want to earn [INCOME GOAL] per month from my freelance/business. Break this down into: how many clients/products needed at different price points, a 90-day roadmap to hit this goal, and the single highest-leverage action to take first.

FINANCE

#14 Passive Income Plan

I currently earn [INCOME] from active freelance work. Design a plan to add [TARGET AMOUNT] in monthly passive income using digital products, courses, or affiliate marketing. Include timeline and first 5 action steps.

AI WORKFLOWS

#15 Custom Prompt Engineering

Help me write a master system prompt for an AI assistant that will help me with [SPECIFIC TASK]. Include: role/persona definition, constraints, output format, tone, and 3 example interactions to train the behavior.

Want all 100?

This is 15 of the full 100-prompt library — 10 categories, every one copy-paste ready for ChatGPT, Claude, and Gemini.

Get the full pack - CAD\$9

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by The AI Nomad - practical AI tools for solopreneurs

100

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